

# ALL ABOUT STUDENT LIFE



TECHNISCHE  
UNIVERSITÄT  
DARMSTADT

GOING STRONG TOGETHER  
THROUGHOUT YOUR STUDIES

*better*  
**TU**gether

FOR ALL MATTERS RELATING TO YOUR STUDIES,  
PLEASE CONTACT THE STUDENT SERVICES OFFICE OF YOUR DEPARTMENT

## **aCHTUNG!**

Sexual harassment, discrimination and assaults

Márcia Elisa Moser

achtung@tu-darmstadt.de | +49 6151 1626505

## **ANTI-DISCRIMINATION OFFICE**

Márcia Elisa Moser

antidiskriminierung@tu-darmstadt.de | +49 6151 1626505

## **BIG SISTER**

Mentoring and networking for female students with a migratory background

Lena Rätz

big.sister@zv.tu-darmstadt.de | +49 06151 1626647

## **CENTRAL STUDENT ADVISORY AND ORIENTATION OFFICE (ZSB)**

First point of contact for students with questions about their studies

info@zsb.tu-darmstadt.de | +49 6151 1626999

## **COMETOGETHER STUDIERENDENWERK**

Advisory office provided by students for students

come2gether@stwd.a.de | +49 6151 1629782

Mon – Thu 11:30 a.m. to 2:30 p.m.

## **COMPLAINT AND IMPROVEMENT MANAGEMENT**

wolf.hertlein@tu-darmstadt.de | +49 6151 1628220

## **COORDINATING CENTRE FOR REFUGEE INTEGRATION (ZKF)**

refugees@tu-darmstadt.de | +49 6151 1629989

Consultation hours: Tue 9 a.m. to 3 p.m., Thu 9 a.m. to 1 p.m.

## **FAMILY SERVICE**

servicestelle-familie@zv.tu-darmstadt.de | +49 6151 26563

## **FLUGGIS-ABENTEUER-LAND**

Temporary and short-notice childcare

fluggi-land@tfk-kitas.de | +49 6151 7805305

## **GENERAL STUDENTS' COMMITTEE (ASTA)**

Advice on the following topics: BAföG (allowance based on the Federal Students Assistance Act), housing benefits, legal advice, labour and higher education law, LGBTQ+- and women's issues, housing shortages etc.

service@asta.tu-darmstadt.de

+49 6151 1628360 (Stadtmitte) | +49 6151 1628362 (Lichtwiese)

## **INTERNATIONAL STUDENT SERVICES**

iss@zv.tu-darmstadt.de | +49 6151 1621675

## **OFFICER FOR STUDENTS WITH SPECIAL NEEDS OR CHRONIC ILLNESSES**

wolf.hertlein@tu-darmstadt.de | +49 6151 1628220

## **SCHREIBCENTER AT THE LANGUAGE RESOURCE CENTRE (SPZ)**

Central place of consultation in all fields of academic or scientific writing

schreibcenter@spz.tu-darmstadt.de | +49 6151 1621147

## **SERVICE POINT PART-TIME STUDIES, STUDYING WITH CHILDREN**

gabriele.pfeiffer@tu-darmstadt.de | +49 6151 1627010

## **SOCIAL COUNSELLING STUDIERENDENWERK**

sozialberatung@stwd.a.de | +49 6151 16298-59 or -60

## **STUDENT HEALTH MANAGEMENT**

Nadine Balzter | sgm@usz.tu-darmstadt.de | +49 6151 1676553

# LET US HELP YOU



TECHNISCHE  
UNIVERSITÄT  
DARMSTADT

SUPPORT IN TIMES OF  
CRISES AND IN CHALLENGING  
SITUATIONS

*better*  
**TU**gether

## **AGAPLESION ELISABETHENSTIFT**

Clinic for psychiatry, psychosomatics and psychotherapy  
[info.eke@agaplesion.de](mailto:info.eke@agaplesion.de) | +49 6151 403-0

## **BÜNDNIS GEGEN DEPRESSIONEN DARMSTADT E.V.**

Alliance against depression  
[da-buendnis@gmx.de](mailto:da-buendnis@gmx.de) | +49 176 29848573

## **EHE-, FAMILIEN- UND LEBENSBERATUNG DARMSTADT E.V.**

Counselling regarding marriage, family and life  
[info@eflb-da.de](mailto:info@eflb-da.de) | +49 6151 425541

## **FRAUENNOTRUF** Emergency hotline for women

[darmstadt@profamilia.de](mailto:darmstadt@profamilia.de) | +49 800 116016 or + 49 6151 425541 (Pro Familia)

## **HELP CENTRE FOR ADDICTION DARMSTADT**

[sucht@caritas-darmstadt.de](mailto:sucht@caritas-darmstadt.de)  
+49 6151 5002840  
Mon – Fri 8:30 a.m. to 11 a.m., Mon – Thu 1:30 p.m. to 2:30 p.m.  
Open consultation hours:  
Mon 2 p.m. to 4 p.m., Thu 10 a.m. to 11 a.m. (Addiction Help Centre)

## **KLINIKUM DARMSTADT** Clinic for acute and emergency medicine

[zna@mail.klinikum-darmstadt.de](mailto:zna@mail.klinikum-darmstadt.de) | +49 6151 1078161

## **MÄNNERNOTRUF** Emergency hotline for men

[darmstadt@haltepunkt.org](mailto:darmstadt@haltepunkt.org) (Pro Familia) | +49 800 1239900 or  
+49 6151 425541 (Pro Familia)

## **MENTAL HEALTH FIRST AID (MHFA)**

First aid from Student Health Management  
[gemeinsamstark@usz.tu-darmstadt.de](mailto:gemeinsamstark@usz.tu-darmstadt.de)

## **NIGHTLINE FFM**

Anonymous hotline (during lecture time) in case of worries from students for students

+49 69 79817238  
Tue, Thu 8 p.m. to 12 midnight  
Chat: [www.nightlineffm.com](http://www.nightlineffm.com), Mon, Wed and Fri 8 p.m. to 12 midnight

## **POINT OF CONTACT FOR ADVICE ON PSYCHO-SOCIAL MATTERS, CARITAS**

Advice for persons concerned and their family  
[gpz@caritas-darmstadt.de](mailto:gpz@caritas-darmstadt.de) | +49 6161 60960  
Mon 2 p.m. to 4 p.m.

## **PREGNANCY AND PREGNANCY CONFLICT COUNSELLING COUPLES AND SEXUAL COUNSELLING**

Pro Familia Darmstadt  
[darmstadt@profamilia.de](mailto:darmstadt@profamilia.de) | +49 6151 429420

## **PSYCHIATRISCHER NOTDIENST DARMSTADT E.V.**

+49 6151 1594900  
Fri, Sat, Sun, holidays 6 p.m. to 11 p.m.

## **PSYCHOLOGICAL COUNSELLING STUDIERENDENWERK**

+49 6151 1629862  
Fri 9 a.m. to 11 a.m.

## **SELF-HELP OFFICE DARMSTADT**

For advice in a crisis situation regarding physical or mental illness  
[selbsthilfe.darmstadt@paritaet-projekte.org](mailto:selbsthilfe.darmstadt@paritaet-projekte.org) | +49 6151 8506580

## **TELEFONSEELSORGE DARMSTADT E.V.**

Crisis line | Telephone helpline in cases of worries  
+49 800 1110111 or +49 800 1110222



*More  
information  
about this*